

UPSTATE PILATES INSTRUCTOR TRAINING SCHOLARSHIP

These Terms and Conditions apply to all applications for the Upstate Pilates Instructor Training Scholarship (Scholarship). By submitting an application, you agree to these Terms and Conditions.

"Upstate", "we", "us", and "our" refers to Upstate Balaclava Pty Ltd (ACN 627 778 590).
"You" and "your" refers to the applicant.

Upstate reserves the right to update these Terms and Conditions at any time. The most recent version will apply.

1. Key Dates

Applications Open: **12 January 2026**

Applications Close: **16 February 2026**

Finalists Notified: **5-7 March 2026**

Winner Announced: **8 March 2026** (via phone call + social media announcement)

Applicants may select **any 2026 Upstate Pilates Instructor Training intake**, subject to availability. Training may occur in Melbourne, Sydney or Gold Coast depending on intake choice.

2. Eligibility

To be eligible for the Scholarship, applicants must:

- Be an active Upstate member for a minimum of **six (6) consecutive months** at the time of application and at the time the Scholarship is awarded.
- Be aged 16 years or older. Applicants under 18 must have written consent from a parent or guardian.
- Be available to complete a 2026 Pilates Instructor Training (**PIT**) intake.

TERMS AND CONDITIONS (UPDATED JANUARY 2026)

- Submit a complete **2-5 minute video application** in line with the published requirements.
- Upstate employees, contractors, and current staff members are not eligible to apply for this Scholarship.
- Identify as female.

Upstate reserves the right to verify eligibility.

3. Scholarship Overview

- The Scholarship provides one recipient with a **fully funded place** in Upstate's Pilates Instructor Training Course (PIT).
- The Scholarship covers the course fee only. It does not include travel, accommodation, meals, or any personal costs.
- The Scholarship is not transferable, redeemable for cash, or deferrable beyond 2026 without written approval from Upstate.

4. Application Requirements

Applicants must submit:

- A 2-5 minute second video addressing all required questions.
- Contact details and confirmation of eligibility.

Incomplete applications may not be considered.

5. Selection Process

- Upstate will review all eligible applications and select **five finalists**.
- The Scholarship winner will be selected from the five finalists by a **random draw** overseen by Upstate staff.
- Finalists will be contacted between 5-7 March 2026.
- The winner will be notified by **phone call** prior to public announcement.
- The winner will be announced on **8 March 2026** across Upstate platforms.
- If the selected winner declines the Scholarship or is unable to participate, **a redraw will be conducted** to select an alternative recipient.

TERMS AND CONDITIONS (UPDATED JANUARY 2026)

All decisions are final and no correspondence will be entered into.

6. Course Requirements

The Scholarship recipient must:

- Complete **100%** of all online and in-person components of the selected PIT intake.
- Complete all assessments to the required competency level.
- Agree to Upstate's standard training Terms and Conditions.

Failure to meet course requirements may impact completion status. No replacement Scholarship or alternative compensation will be offered.

7. Withdrawal

If the Scholarship recipient withdraws from the course before completion:

- The Scholarship will be forfeited.
- No cash alternative, refund, or replacement Scholarship will be offered.

8. Media and Promotion

By applying, applicants agree that:

- Upstate may use their name, submitted video, image, and written responses for promotional purposes.
- Finalists and the Scholarship winner may be featured across Upstate's website, social media, marketing, and events.
- Applicants grant Upstate a royalty-free licence to use submitted content for promotional activity.

9. Conduct

Applicants and the Scholarship recipient must:

TERMS AND CONDITIONS (UPDATED JANUARY 2026)

- Conduct themselves respectfully and professionally in all interactions with Upstate.
- Comply with Upstate's behavioural expectations for training participants.

Upstate may revoke the Scholarship if behaviour is inappropriate, unsafe, or disruptive.

10. Upstate Rights

Upstate may:

- Cancel or amend the Scholarship or its Terms due to unforeseen circumstances.
- Decline to award the Scholarship if no suitable applicants apply.
- Modify PIT course dates or structure as required.

Upstate is not responsible for any travel, accommodation, or related costs incurred by applicants or the winner.

11. Liability

To the maximum extent permitted by law, Upstate is not liable for any injury, loss, or damage arising from:

- The Scholarship application process
- Participation in the training course

Nothing in these Terms limits rights under the Australian Consumer Law.

12. Governing Law

These Terms are governed by the laws of Victoria, Australia. Applicants submit to the jurisdiction of the Victorian courts.

13. Contact

All Scholarship enquiries should be directed to:

Sienna Doolan, Head of Pilates Education

pilates@upstatestudios.com.au